



# *ParentShift:* Navigating the Parent & Family Transition from High School to College

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# Some Challenges of Today's College Student

- Stress & pressure to succeed
- Preparedness, readiness, resiliency
  - Cost, affordability & debt
    - Outcomes & ROI
    - Emotional health
      - Cocooning
- Fresh starts, awakenings & swirling

# Beyond the College Classroom



**Safety & Security**  
**Housing & Dining**  
**Community Environment**  
**Orientation & Transition**  
**Academic Support**  
**Student Engagement**  
**Career & Vocation**  
**Health & Counseling**  
**Specialized Student Support**  
**Parent, Student & Family Relationships**  
**Paying for College**

# The College Parent Experience

Co-Navigating new environments

Continuing the connection

Sharing influence & less control

Being an effective First Responder

Shifting of family dynamics

Paying for college, ROI & Post-College

# The Shifting Role of Parents

The Pre-College Parent  
leans toward.....

Parental Expectations  
Parental priorities  
Prescribing  
Controlling  
Directing  
Telling  
Managing  
Providing

The Effective Collegiate  
Parent leans toward....

Student interests  
Student passions  
Developmental Stage  
Facilitating  
Advising  
Listening  
Coaching  
Partnering

# Important Next Paths

- #1: College for what?
- #2: Create & compare your lists
- #3: Begin with deep dive into student priorities
- #4: Prepare to navigate the college experience
- #5: Adopt a coach approach with your student
- #6: Develop your CPR List (*College Parent Resource*)
- #7: Build partnerships with college officials
- #8: Be student-centric & partnership focused

# What's Your Next Path?

**NextPath Learning** is a social enterprise firm that prepares parents to support and assist their student's success in college.

We are also accepting new clients for customized **parent advising sessions** that provide just-in-time assistance to you during the college project.

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